

October 2025



**LIST OF BODIES OF HEALTH PRACTITIONERS WHERE NOTICE IN WRITING HAS BEEN RECEIVED
BY THE LONDON SPECIAL TREATMENTS WORKING GROUP UNDER SECTION 4 OF THE LONDON LOCAL AUTHORITIES ACT 1991**

This list is for recommendation only. Individual authorities may if they wish still require members of these organisations to apply for a licence in their borough.

Under Section 4c of the 1991 Act anyone who is registered with the Health and Care Professionals Council does not require a licence. This includes Physiotherapists and Chiropodists. In addition, Chiropractors and Osteopaths are specifically exempted under the Act.

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
1.	Anglo Chinese Medicine Doctor Society (ACMDS) 143 Streatham High Road London SW16 6EG	Reviewed 1.7.2016	Acupuncture * Massage	T. 020 8643 4222 F. 020 8643 8885	acmdsuk@gmail.com www.acmds.org
2.	Association of Naturopathic Practitioners (ANP) Coombe Hurst Coombe Hill Road East Grinstead RH19 4LZ	Reviewed 8.6.2017	FULL MEMBERS EXEMPT ONLY Acupuncture * Holistic Massage (Naturopathy)	020 3319 9315	info@naturopathy-anp.com www.naturopathy-anp.com

3.	Association of Reflexologists	Reviewed 8.6.2017	STUDENT & FRIEND MEMBERS NOT EXEMPT	01823 364 952	info@aor.org.uk
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
	(includes the International Institute of Reflexology) Victoria House Victoria Street Taunton Somerset TA1 3FA		Acupressure * Acupuncture * Aromatherapy * Ayurveda * Body Massage * Bowen Technique * Champissage * Chiropody * EFT * Holistic Massage * Hopi Ear Candles * Indian Head Massage * Manual Lymphatic Drainage * Metamorphic Technique * No Hands Massage * Polarity Therapy * Qi Gong * Reflexology * Remedial Massage * Rolfing * Shiatsu * Sports Massage * Stone Therapy * Therapeutic Massage * Tui Na		tsmith@aor.org.uk www.aor.org.uk
4.	Association of Traditional Chinese Medicine & Acupuncture UK Suite 12 Brentano House Unit 5, The Exchange Brent Cross Gardens London NW4 3RJ	Reviewed 8.6.2017	Full Members: Acupuncture * Tui-Na * Moxibustion Cat 1 & 3 members: Acupuncture * Tui-Na. Cat 2 members: Acupuncture only Associate members: Tui-Na only	020 8457 2560	info@atcm.co.uk www.atcm.co.uk www.atcmuk.org

5.	Ayurvedic Practitioners Association (APA) 23 Green Ridge Brighton East Sussex BN1 5LT	Reviewed 1.7.2016	Ayurvedic Massage * Ayurvedic Medicine	01273 500492	info@apa.uk.com
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
6.	BASRaT – British Association of Sport Rehabilitator's and Trainers Angela Cumine c/o St Marys University College Strawberry Hill Twickenham YW1 4SX	Reviewed. 7.2016	Sports Massage	0208 240 4184	cuminea@smuc.ac.uk secretary@basrat.org
7.	Bowen Association UK PO Box 210 1DD Boston Lincs PE21 1DD	Reviewed 8.6.2017	ONLY FULL MEMBERS EXEMPT Bowen Therapy * Bowen Technique	01205 319 100	office@bowen-technique.co.uk bowenassociationuk@gmail.co.uk www.bowen-technique.co.uk www.bowenassociation.co.uk
8.	British Acupuncture & Holistic Medicine Association 1 Bedford Mews, East Finchley, London, N2 9DF	Reviewed 12.12.2016	ONLY FULL MEMBERS EXEMPT *Acupuncture* Acupressure* Moxibustion* Auricular Acupuncture* Electro acupuncture* Reflexology*	020 8883 4550	info@bahma.org

9.	British Complementary Medicine Association PO Box 5122 Bournemouth Dorset BH8 OWG	Reviewed 1.7.2016	Acupuncture * Polarity Therapy * Indian Head Massage * Manual Lymphatic Drainage * Aromatherapy	01293 851760	chair@bcma.co.uk
10.	British Medical Acupuncture Society 60 Great Ormond St London WC1N 3HR	Reviewed 8.6.2017	Acupuncture	0207 713 9437	bmaslondon@aol.com
11.	Association of Acupuncture Clinicians Ltd 12B Kennerley's Lane, Wilmslow SK9 5EQ	Reviewed 12.6.2025	Full members • Acupressure • Acupuncture • Auricular Acupuncture • Korean Hand Therapy • Moxibustion • Tui-Na Massage	07766 370914	Web: www.aac-org.uk Email: admin@aac-org.uk
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
12.	British Reflexology Association Monks Orchard Whitbourne Worcester WR6 5RB	Reviewed 8.6.2017	ORDINARY MEMBERS ONLY Reflexology	01886 821207	bra@britreflex.co.uk www.britreflex.co.uk

13.	British Register of Complementary Practitioners. Formally Institute for Complementary & Natural Medicine, incorporating the PO Box 122 Wellington Somerset TA21 1BX	Reviewed 8.6.2017	Acupuncture * Acupressure *Ayurvedic medicine* Aromatherapy * Bowen Technique * M L Drainage * Remedial, Sports, Holistic and Indian Head Massage * Reflexology * Shiatsu * Tui Na * Qi Gong	0300 302 0715	BRCP.uk office@brcp.uk
14.	Chinese Medical Institute & Register 101-105 Camden High Street London NW1 7JN	Reviewed 8.6.2017	ASSOCIATE & STUDENT MEMBERS NOT EXEMPT Acupuncture * Tui- Na * Moxibustion *	020 7874 1801	info@cmir.org.uk www.cmir.org.uk
15.	Complementary & Natural Healthcare Council PO Box 428 Bristol BS9 0FB	Reviewed 1.7.2016	Aromatherapy * Bowen Technique * Reflexology * Shiatsu * Massage therapy (including sports massage)* Microsystems Acupuncture	020 3327 2720	info@cnhc.org.uk
16.	Complementary Health Professionals Kemp House City Road London Borough of Enfield EC1V 2NX	Reviewed 8.6.2017	FULL MEMBERS EXEMPT ONLY Aromatherapy * Sports Massage* Therapeutic Massage * Indian Head Massage * Remedial Massage * Tui-Na * Neuroskelital	0333 577 3340	enquiries@complementaryhealth professionals.co.uk www.complementaryhealth professionals.co.uk
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
			Realignment Therapy * Manual Lymphatic Drainage * Bowen Therapy * Shiatsu * Reflexology * Reiki * Hopi Ear Candle * Metamorphic Technique		

17.	Complementary Medical Association Three Corners 49 Albany Road St Leonards on Sea East Sussex TN38 0LJ	Reviewed 1.7.2016	Acupressure * Aromatherapy * Ayurveda * Colour Therapy * Qi Gong * Reflexology * Shiatsu * Indian Head Massage	01424 423505	jayney@the-cma.org.uk
18.	Complementary Therapists Association (CTHA) 2 nd Floor Chiswick Gate 598-608 Chiswick High Road London W4 5RT	Reviewed 8.6.2017 and 12.1.2021	FULL MEMBERS ONLY (THIS EXCLUDES STUDENT AND NON-PRACTISING MEMBERS) Aromatherapy * Acupuncture * Ayurveda (with massage) * Bowen Therapy * Baby/infant massage * Cranial Sacral Therapy * Daoyin Tao Massage * Eastern Methods Massage * Full Body massage * Holistic or Swedish Massage * Indian Head Massage * * Manual Lymphatic Drainage * Palliative Care Massage * Pregnancy Massage * Reflexology * Remedial Massage * Shiatsu * * Reiki * Seated acupressure * Sports injury, therapeutic & holistic massage * Stone Therapy/sauna * Thai Massage *	T. 0845 202 2941 F. 0844 770 898	info@ctha.com www.ctha.com
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web

			Thermo-auricular therapy (Hopi)* Tui Na*		
19.	Federation of Holistic Therapists 18 Shakespeare Business Centre Hathaway Close Eastleigh Hampshire SO50 9XG	Reviewed 1.7.2016 and 3.12.2021	FULL MEMBERSHIP AND ASSOCIATE MEMBERSHIP ONLY Acupressure* Acupuncture * Advanced MLD * Aromatherapy (with massage)* Baby massage* Body Massage* Bowen Techniques* Colour therapy * Deep tissue massage * EFT* Foot massage* Indian Head massage * Manual lymphatic drainage (included in Massage)* Metamorphic technique * Micro systems acupuncture (Auricular Acupuncture - ears, face, hands & feet) * Moxibustion* Myofascial release therapy * polarity therapy * Pregnancy Massage* Qi Gong* Reflexology * Reiki degree/level 2 and above (no massage) * Remedial massage (sports massage) * Shiatsu* Sports massage (includes taping & strapping, posture analysis) * Stone therapy* Swedish Massage*	0870 420 2022	info@fht.org.uk www.fht.org.uk
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web

			Thai massage* Therapeutic massage* Tui Na* Emotional Freedom Techniques (EFT)*		
20.	Federation of Traditional Chinese Medicine Practitioners (FTCMP) PO Box 51189 London SE13 9DE	Reviewed 1.7.2016	Exemption applies only to Members registered as Doctors Acupuncture * Acupressure * Tui Na	0208 770 0018 07917715707	ftcmpuk@gmail.com
21.	Guild of Holistic Therapists 320 Burton Rd Derby DE23 6AF	Reviewed 1.7.2016	Acupressure * Aromatherapy * Bowen Technique * Champissage (Indian Head Massage) * Colour Therapy * Infrared * Manual Lymphatic Drainage * Metamorphic Technique * Reflexology * Reiki * Shaitso * Sports Massage * Stone Therapy * Thermo –Auricular Therapy * Tui Na	0845 2177381	paul.archer@beautyguild.com
22.	Institute of Osteopathy Acupuncture Group Institute of Osteopathy 3 Park Terrace, Manor Road Luton LU1 3HN	Reviewed. 7.2016	Acupuncture and Dry Needling in conjunction with Osteopathy	01582 488455	enquiries@osteopathy.org
23.	Institute of Sports & Remedial Massage (ISRM) 28 Station Parade	Reviewed 8.6.2017	Sports & Remedial Massage * Soft Tissue Therapy	020 8452 8855	mel@theisrm.com www.theisrm.com

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
	London Borough of Enfield				
24.	Institute of Trichologists 24 Longroyd Road London SW17 7PL	Reviewed 1.7.2016	Trichology * Head Massage	08706 070602	admin@trichologists.org.uk
25.	International Federation of Aromatherapists 146 South Ealing Road London W5 4QJ	Reviewed 8.6.2017	EXEMPTION APPLIES ONLY TO FULL & ASSOCIATE MEMBERS Aromatherapy * Massage in association with Aromatherapy only.	T. 020 8567 2243 F. 020 840 9288	office@ifaroma.org www.ifaroma.org
26.	International Federation of Reflexologists 8-9 Talbot Court London EC3V 0BP	Reviewed 8.6.2017	FULL MEMBERS EXEMPT ONLY Reflexology	T. 0870 879 3562 F. 0870 879 3298	info@intfedreflexologists.org www.intfedreflexologists.org
27.	Manual Lymphatic Drainage UK Ltd The Annexe at Pound Farm Church Lane Rudford Gloucester GL2 8DT	Reviewed 8.6.2017	ASSOCIATE & FULL MEMBERS ONLY Manual Lymphatic Drainage	0844 800 1988	admin@mlduk.org.uk www.mlduk.org.uk

28.	Massage Training Institute Exams Administrator PO Box 368 Hitchin Hertfordshire SG5 9DT	Reviewed 8.6.2017	Holistic Massage * Sports & Remedial Massage * Indian Head Massage	01462 458 225	mti@massagetraining.co.uk www.massagetraining.co.uk
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
29.	Shiatsu Society UK PO Box 4580 Rugby Warwickshire CV21 9EL	Reviewed 6.6.2019	Shiatsu, includes those that have completed approved 1 year course	0845 130 4560	office@shiatusociety.org
30.	Sports Massage Association 86 Nelson Road London SW19 IHX	Reviewed 1.7.2016	Sports Massage	0870 0052678	info@thesma.org
31.	The Acupuncture Association of Chartered Physiotherapists Sefton House Adam Court, Newark Road Peterborough PE1 5PP	Reviewed 1.7.2016	Acupuncture * Physiotherapy * Acupressure * Moxibustion * Auricular Acupuncture	01733 390007	sec@aacp.uk.com
32.	The Acupuncture Society 131a East End Road N2 0SZ	Reviewed 8.6.2017	Acupuncture * Acupressure * Chinese massage * Tui na * Korean Hand massage * Qi Gong * Moxibustion * Auricular Acupuncture * Electro Acupuncture	T. 07778 267 778	acuregen@gmail.com www.acupuncturesociety.org.uk

33.	The Bowen Therapists Professional Association PO Box 2920 Stratford Upon Avon CV37 9ZL	Reviewed 8.6.2017	Bowen Therapy	084456 17173	info@bowentherapy.co.uk ask@bowentherapy.org.uk
34.	The British Acupuncture Council 63 Jeddo Road London W12 9HQ	Reviewed 6.6.2019	FULL & PROVISIONAL MEMBERS ONLY Acupuncture * Moxibustion * Acupressure * Tui Na * Auricular	T. 020 8735 1206 F. 020 8735 0404	Teresa@acupuncture.org.uk www.acupuncture.org.uk
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
			Acupuncture * Electro Acupuncture * Thermal (infa-red)		
35.	The British Association of Accredited Ayurvedic Practitioners (BAAAP) 5 Blenheim Road North Harrow Middlesex HA2 7AQ	Reviewed 8.6.2017	STUDENT MEMBERS NOT EXEMPT Ayurvedic Medicine * Ayurvedic Therapies * Indian head * Remedial massage	020 8429 0635	info@britayurpractitioners.com www.britayurpractitioners.com

36.	The Register of Chinese Herbal Medicine Office 3 47 St Giles Street Norwich NR2 1JR		Acupuncture * Electro acupuncture * Auricular acupuncture * Acupressure * Moxibustion * Tui-Na * Shiatsu * Sports & Remedial Massage * Swedish Massage (Swedish massage not to be carried out alone but part of larger treatment plan)	01603 927420	herbmed@rchm.co.uk www.rchm.co.uk
37.	ThinkTree Hub Ltd 27 Old Gloucester Street London WC1N 3AX	22/2/19	Full members only Acupressure* Acupuncture*Aromatherapy *Ayurveda*Bowen therapy*Holistic massage*Massage*Swedish massage*(Swedish massage not to be carried out alone but part	(+44) 0330 229 0721	www.thinktreehub.com admin@thinktreehub.com
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
			of larger treatment plan)*Sports massage*Manual lymphatic Drainage*Moxibustion* Reflexology*Shiatsu*		
38.	Chinese Acupuncture and Herbal Medicine Alliance (CAMHA) 70 Springfield Drive Ilford IG2 6QS	1/2/2021	FULL MEMBERS AND TUINA MESSAGE MEMBERS Acupuncture and Tui Na.	07886627224	info@imcmp.org www.imcmp.org

39.	British Acupuncture Federation Unit 9 Dukes Court Dukes Street Macclesfield Cheshire SK11 6NU	30/4/2021	FULLY QUALIFIED ACUPUNCTURE MEMBERS ONLY Acupuncture* Auricular Acupuncture* Acupressure* Tui Na* Gua Sha* Moxibustion*	0843 507 0123	admin@britishacupuncturefederation.co.uk www.britishacupuncturefederation.co.uk
40.	Integrated Medicine and Chinese Medicine Professionals (IMCMP) 43 Victoria Road Surbiton KT6 4JL	8/7/2021	FULL MEMBERS ONLY: Acupuncture* Electro acupuncture* Acupressure* Auricular Acupuncture* Tui Na* Qi Gong* Moxibustion* Shiatsu* Aromatherapy* Reflexology* Foot massage* Bowen Technique* Ear Candles* Ayurveda* Body Massage* Champissage* Indian Head Massage* Thai Massage* Chiroprody* Emotional Freedom Techniques (EFT), Holistic Massage* Manual Lymphatic Drainage* No Hands Massage*		
	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
			Remedial Massage* Sports Massage* Polarity Therapy* Stone Therapy* Therapeutic Massage* Colour Therapy* Physiotherapy (only where member is also registered with the Health and Care Professions Council (HCPC).		

